

## MESSAGE FROM THE CONFERENCE CO-CHAIR PUBLIC HEALTH'19



### **Prof. Sally Guttmacher**

Conference Co-Chair of PUBLIC HEALTH'19  
Emeritus Professor of Public Health,  
New York University, USA  
Senior Technical Advisor,  
HealthRight International, USA

We wish you a very warm welcome to the 2019 Sri Kankan Public Health and Well-being Conference. Our hope is that over the next 2 days you will not only listen to and discuss important and timely issues in public health but that you will also meet and make friends with colleagues from Sri Lanka as well as participants from abroad. We have tried to arrange the presentations in specific areas of interest including: Reproductive & MCH; nutrition; Health Care Management; Epidemiology; Health Promotion and Disease Prevention; Non-Communicable disease; Patient Care and Environmental Health. In addition, please do not neglect to attend the poster session tomorrow morning. Examining posters will give you a chance to discuss in detail with your colleagues not only specific public health issues but the also methods used in attempting to discover causes and solutions.

Astonishingly, some of the major health advances in the past century which were accomplished through Public Health research and measures are currently being challenged. The anti-vaccine or anti-vaxers as they are called have organized and disseminated through social media or non-peer reviewed journals their critiques that vaccination leads to autism or cancer. This leads to the fact that measles is making a come-back in the USA. As recently as a year ago health workers in other parts of the world have been murdered by religious extremists when attempting to vaccinate children against polio. Gun control is another public health measure which has been successfully fought against by gun manufacturers who put their profits above the health of the public. And the free and easy way that "pain killers" have been distributed leading to a continuous climb in drug overdoses and mortality can be attributed to big pharma's search for profit above public's health.

Thus, we have many challenges ahead of us and much work to do. It is hoped that by continuing our work and meeting together periodically to discuss research methods and findings that we will further protect and secure the public's health.

Thank you.

## MESSAGE FROM THE CONFERENCE CO-CHAIR PUBLIC HEALTH'19



### **Dr. Ruwan Ferdinando**

Conference Co-Chair of PUBLIC HEALTH'19  
Consultant Community Physician  
Deputy Director (Training) of the National Institute of

I am pleased to warmly welcome all distinguished invitees, delegates, speakers, researchers, health professionals and participants to the International Conference on Public health and Well-being 2019 on 4th and 5th of April in Negombo. This will be the first international conference of this nature which has focused on publishing original research, innovative projects and best practices on the theme "Promoting the well-being of humanity to ensure healthy lives for all".

The emerging public health issues need to be addressed with innovative approaches. Meanwhile some of the innovative projects in public health, field research and best practices are confined to the place of invention; they are not shared with the communities of interest. The present conference has included many papers from Sri Lanka and elsewhere which have dealt in many challenging public health issues. I hope this conference will help the authors of Sri Lanka and elsewhere to share their experiences in bringing about more meaningful solutions to emerging public health challenges.

I am pleased to see that a conference of this nature has committed to maintain the high standards of research practice through anonymous peer reviewing by public health practitioners and maintaining ethical standards. We see nowadays many conferences are organized without giving much attention to scientific integrity and ethical norms. I eagerly hope that this conference will be a trendsetter where public health physicians and other health professionals delineate the standards for scientific validity and ethical practice by taking over the responsibility of partnering with other stakeholders for the betterment of public health.

I would like to close my message with a round of thanks for everyone who made International Conference on Public health and Well-being 2019 a reality. Our chief guest, Dr. Sunil de Alwis, Deputy Director General (Medical Services), the fellow co-chair Prof. Sally Guttmacher, the keynote speakers Prof. Christina Zarowsky, Prof. Jack Needleman, Scientific Committee Members and the conference manager Ms. Thulakshana Liyanage deserve my special thanks for having contributed immensely to making this a success. Also I thank all of you who are participating in this conference from different parts of the world despite your busy schedules.

Thank you.

## EVALUATION COMMITTEE

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- **Prof. Sally Guttmacher** (*Emeritus Professor of Public Health, New York University and Senior Technical Advisor, HealthRight International, USA*)
- **Dr. Ruwan Ferdinando** (*Consultant Community Physician, Deputy Director (Training) of the National Institute of Health Sciences (NIHS), Kalutara, Sri Lanka*)
- **Prof. Christina Zarowsky** (*Full Professor and Director of the Department of Social and Preventive Medicine at the School of Public Health, Université de Montréal, Canada*)
- **Prof. Jack Needleman** (*Fred W. and Pamela K. Wasserman Professor and Chair of the UCLA Fielding School of Public Health Department of Health Policy and Management, USA*)
- **Dr. Barbara Berney** (*Associate Professor of Health Policy and Management, Graduate School of Public Health and Health Policy, City University of New York, USA*)

## SESSION CHAIR COMMITTEE

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- **Dr. Sathish Gowda N.** (*Senior Assistant Professor, Assistant Professor of Law, Department of Studies in Law University Law College, Bangalore University Jnanabharathi Campus, India*)
- **Dr. Shiromi Maduwage** (*Consultant Community Physician, Youth, Elderly & Disability Unit, Ministry of Health, Sri Lanka*)
- **Dr. Titi Rahmawati Hamedon** (*Department of Community Health, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia*)
- **Dr. Fatmah** (*Faculty of Public Health, Universitas Indonesia*)
- **Dr. Saseela Subakaran** (*Nutrition and Indigenous Medicine, Ministry of Health, Sri Lanka*)
- **Dr. Surangi Jayakody** (*Department of Community Medicine, Faculty of Medical Sciences, University of Sri Jayawardanapura, Sri Lanka*)

## CONFERENCE SCHEDULE

	Time	THE IVO BALLROOM	BLUE BRASS
	<b>DAY 01 - Thursday, 04<sup>th</sup> April, 2019</b>	08.15 - 09.00	Conference Registration
09.00 - 09.55		Inauguration Ceremony	
09.55 - 10.15		Morning Refreshments	
10.15 - 11.00		Keynote Speech	
11.00 - 11.30		Plenary Talk	
11.30 - 11.45		Conference Photograph	
11.45 - 12.45		TECHNICAL SESSION 01: Reproductive, Maternal, and Child Health	TECHNICAL SESSION 02: Nutrition and Health (I)
12.45 - 13.45		Networking Lunch	
13.45 - 14.45		TECHNICAL SESSION 03: Patient Care	TECHNICAL SESSION 04: Mental Health
14.45 -15.30		TECHNICAL SESSION 05: Epidemiology	TECHNICAL SESSION 06: Nutrition and Health (ii)
15.30 - 16.30		"An Overview of Research Ethics" Workshop	
16.30 - 16.50		Evening Refreshments	
16.50 - 17.50		Power to Heal – Movie	
19.00 Onwards		Networking Dinner	
<b>DAY 02 - Friday, 05<sup>th</sup> April, 2019</b>	09.15 –10.30	TECHNICAL SESSION 07 : Health Promotion and Disease Prevention	TECHNICAL SESSION 08 : Non-Communicable Diseases
	10.30 – 10.50	Morning Refreshments	
	10.50 – 11.35	Keynote Speech	
	11.35 – 12.20	Keynote Speech	
	12.20 – 13.00	POSTER SESSION	
	13.00 – 14.00	Networking Lunch	
	14.00 –15.15	TECHNICAL SESSION 09 : Healthcare Management	TECHNICAL SESSION 10 : Environmental Health
	15.15 – 16.15	Publication Workshop	
	16.15 – 16.35	Evening Refreshments	
	16.35 – 16.55	Conference Concluding and Awarding Ceremony	
	16.55 – 17.00	Vote of Thanks	

## TECHNICAL PROGRAM

### DAY 01 - THURSDAY, 04<sup>TH</sup> APRIL, 2019

#### INAUGURATION SESSION

**Thursday, 04<sup>th</sup> April 2019 | 09.00 to 09.55 | THE IVO Ballroom**

- 08.15 - 09.00 Conference Registration
- 09.00 - 09.15 Lighting of the Oil Lamp and National Anthem
- 09.15 - 09.25 Welcome Address by the Conference Convener  
Ms. Thulakshana Dilrukshi (*Head of Operations, iConferences, Sri Lanka*)
- 09.25 - 09.35 Speech by the Conference Co - Chair  
Prof. Sally Guttmacher (*Emeritus Professor of Public Health at New York University and Senior Technical Advisor, HealthRight International, USA*)
- 09.35 - 09.45 Speech by the Conference Co - Chair  
Dr. Ruwan Ferdinando (*Consultant Community Physician, Board Certified Medical Specialist, University of Colombo, Sri Lanka*)
- 09.45 - 09.55 Speech by the Chief Guest  
Dr. Sunil de Alwis (*Deputy Director General Medical Services, Ministry of Health, Sri Lanka*)
- 09.55 - 10.15 Morning Refreshments

#### KEYNOTE FORUM

**Thursday, 04<sup>th</sup> April 2019 | 10.15 to 11.00 | THE IVO Ballroom**

10.15 - 11.00



Prof. Christina Zarowsky  
(*Professor and Director of the Department of Social and Preventive Medicine at the School of Public Health, Université de Montréal, Canada*)

"Public Health, Health Systems, and Well-being: Looking ahead, 40 Years after Alma Ata"

*Prof. Zarowsky's Training is Multidisciplinary - Bsc (Biology - U Toronto), MD (McMaster), MPH (International Health - Harvard), Ph.D. (Anthropology - McGill). Her Career in Rural and Cross-Cultural Clinical Medicine, Academic Public Health in Canada and South Africa, and Research Management/Funding Not Only has Sought to Put into Practice a Critical Social Theory and Feminist Perspective, but Also A Commitment to Cross-Disciplinary and Cross-Sectoral Work Aimed at Transforming Research, Teaching and Partnership Paradigms for Health and Social Equity within and between Countries*

**PLENARY TALK Thursday, 04<sup>th</sup> April 2019| 11.00 to 11.30 | THE IVO Ballroom**

11.00 -11.30



Dr. Sathish Gowda N.

*(Senior Assistant Professor,Assistant Professor of Law, Department of Studies in Law University Law College ,Bangalore University Jnanabharathi Campus, India)*

**"Right to Health as a Fundamental Human Right in India: Judicial Approach"**

*Dr. Sathish Gowda N. Senior Assistant Professor, Dept. of Studies in Law, Bangalore University has Put in 13 Years of Teaching Experience At Both UG and PG Levels. He has an LL.M With First Class in Constitutional Law and Business & Trade Law. He has Obtained his Ph.D. in the Area of Constitutional Law. He Secured 5th Rank in B.A.L. and Distinction with 3rd Rank in LL.B. He Holds M.Phil in Juridical Science with Distinction. He did PGDHRM and PGDMCJ with First Class. He has Published More than Thirty Five Articles in Different Law Journals and a Few Articles in Leading News Papers.*

11.30- 11.45

Conference Photograph

**REPRODUCTIVE, MATERNAL, AND CHILD HEALTH**

Thursday, 04<sup>th</sup> April 2019 | 11.45 to 12.45 | THE IVO Ballroom  
Chaired by Dr. Titi Rahmawati Hamedon ( *Universiti Putra Malaysia* )

**TECHNICAL SESSION 01**

11.45 - 12.00 A1



Penny D. F. Morrison S  
(*Robert Gordon University, Scotland*)

"An Exploration of Health Professionals' Perceptions and Attitudes towards Providing Incentives for Smoking Cessation in Pregnant Women"

12.00 -12.15 A2



Jayasinghe JMSA<sup>1</sup>, Dharmaratne SD<sup>2</sup>  
(*<sup>1</sup>University of Colombo, <sup>2</sup>University of Peradeniya, Sri Lanka*)

"Association between Different Factors and Weight at Later Life of Children in The Medical Officer of Health Area, Medirigiriya, Sri Lanka"

12.15 - 12.30 A3



Senarath N.S.A.S.N<sup>1</sup>, Abeyagunasekara U.W.A.T<sup>2</sup>, Jayasinghe S.S<sup>2</sup>  
(*<sup>1</sup>KAATSU International University, <sup>2</sup>University of Ruhuna, Sri Lanka*)

"Knowledge and Home Practices on Paracetamol Dosing among Parents with Children in Bope Poddala Medical Office of Health"

12.30- 12.45 A4



Dr. G. C. Pushpalal<sup>2</sup>, Dr. R. M. N. U. Rajapaksha<sup>1</sup>, Dr. K.A.M. Dissanayake<sup>2</sup>  
(*<sup>1</sup>Postgraduate Institute of Medicine, University of Colombo, <sup>2</sup>MOH, Kurunegala, Sri Lanka*)

"Evaluation of The Maternal and Child Health Care Services of The Clinic Attendees in Medical Officers of Health Area, Kurunegala, Sri Lanka"

12.45- 13.45 Networking Lunch



**NUTRITION AND HEALTH (I)**

Thursday, 04<sup>th</sup> April 2019 | 11.45 to 12.30 | BLUE BRASS

Chaired by Dr. Sathish Gowda N (*Bangalore University Jnanabharathi Campus, India*)

**TECHNICAL SESSION 02**

11.45 - 12.00 B1



Fatmah  
(*Universitas Indonesia, Indonesia*)

"The Effect of a Biscuit on The Lipid and Anthropometry Profiles of Type 2 Diabetes Patients"

12.00 -12.15 B2



Lillian Ziyenda Katenga Kaunda  
(*University of Oslo, Norway*)

" Dietary Intake and Processes of Behaviour Change in A Nutrition Education Intervention for Pregnant Women in Rural Malawi: A Cluster-Randomised Controlled Trial"

12.15 - 12.30 B3



Bhagya K.A.D.L, Ekanayake S  
(*University of Sri Jayewardenepura, Sri Lanka*)

"Glycemic Indices and Glycemic Loads of Selected Traditional (*Oryza Sativa L.*) Rice "

12.45- 13.45 Networking Lunch



**PATIENT CARE**

Thursday, 04<sup>th</sup> April 2019| 13.45 to 14.45 | THE IVO Ballroom|  
Chaired by Dr. Titi Rahmawati Hamedon (*Universiti Putra Malaysia*)

**TECHNICAL SESSION 03**

13.45 - 14.00 C1



Borgharkar S  
(*Sun Pharmaceutical Industries Ltd, Mumbai, India*)

"Concordance to Guideline-Recommended Statin Therapy:  
Real World Evidence from India"

14.00 -14.15 C2



John Kyalo Muthuka  
(*Kenya Medical Training College, Kenya*)

"Risk Predictors for neonatal mortality and its association  
with HIV infection among postnatal women attending se-  
lected Maternity Hospitals-case of Pumwani Maternity Hos-  
pital, (PMH) Kenya "

14.15 - 14.30 C3



Dr.S. Subaskaran<sup>1</sup>, Dr.Narani Aravinthan<sup>2</sup>,  
Dr.A.W.Sarathchandra<sup>3</sup>, Dr. R.Prasad<sup>4</sup>, Dr.G.M.K.Perera<sup>5</sup>,  
Dr.Timothy Eukines<sup>6</sup>

(*1Ministry of Health, Nutrition and Indigenous Medicine,  
2Teaching Hospital,Jaffna, 3National Hospital of Sri Lanka,  
4Lady Ridgeway Hospital,5Colombo South Teaching Hospital,  
6Infectious Disease Hospital, Angoda, Sri Lanka*)

"Arthritis and Associated Factors among Patients Attending  
Rheumatology Clinic in Teaching Hospital Jaffna"

14.30- 14.45 C4



LPMMK Pathirage, SAM Kularatne, RKDE Sugandika, R  
Jayaweera, W.M.S.N.Warnasooriya  
(*University of Peradeniya , Sri Lanka*)

"An Overview of Stroke Patients and Thrombolysis in Teach-  
ing Hospital Peradeniya"

**MENTAL HEALTH**

Thursday, 04<sup>th</sup> April 2019| 13.45 to 14.45 | BLUE BRASS

Chaired by Dr. Fatmah (*Universitas Indonesia*)

**TECHNICAL SESSION 04**

13.45 - 14.00 D1



Jyakody S.N<sup>1</sup>, Arambepola C<sup>2</sup>, Gunathilaka C<sup>3</sup>  
(<sup>1</sup>University of Sri Jayawardanepura, <sup>2</sup>University of Colombo, <sup>3</sup>National Hospital- Colombo, Sri Lanka)

"Quality of Life (QOL) in Dementia: Perspectives of The People with Dementia and Their Caregivers"

14.00 -14.15 D2



Isanka W.K.A.A , Peramunage P.E.C , Maduwanthi P.K.D ,  
Samaranayaka H.A.I, Abeykoon A.M.H.K , Vithanarachchi  
S.L.H, Jayamaha A.R  
(KAATSU International University, Sri Lanka)

"Health Related Quality of Life of Patient with Heart Failure on Treatment in National Hospital Sri Lanka"

14.15 - 14.30 D3



P.H.Warnakulasooriya<sup>1</sup>, Kaushalya Kauturiaratchi<sup>2</sup>  
(<sup>1</sup>Postgraduate Institute of Medicine, University of Colombo, <sup>2</sup>Consultant Community Physician, Family Health Bureau, Sri Lanka)

"Quality of Life, And Associated Factors of Primary Caregivers Having Children with Congenital Heart Diseases Awaiting Cardiac Surgery at Lady Ridgeway Hospital"

14.30- 14.45 D4



Menaka P.A.S<sup>1</sup>, Rathnayake R<sup>2</sup>

(<sup>1</sup>Postgraduate Institute of Medicine, University of Colombo, <sup>2</sup>Ministry of Health, Sri Lanka)

"Prevalence of Psychological Distress and Its Associated Factors among Spouses of Fishermen in The Fisheries District, Negombo"

**EPIDEMIOLOGY**

Thursday, 04<sup>th</sup> April 2019 | 14.45 to 15.30 | THE IVO Ballroom  
Chaired by Dr. Saseela Subakaran (*Ministry of Health, Sri Lanka*)

**TECHNICAL SESSION 05**

14.45 -15.00

E1



M. N. Samarawickrama<sup>1</sup>, R. K. N. Tharangani<sup>1</sup>, D. M. T. W. Wijethilaka<sup>1</sup>, G. M. Nissanka<sup>1</sup>, E. W. A. I. M. Siriwardana<sup>2</sup>, L. Y. S. S. K. Lokuyaddage<sup>1</sup>

(<sup>1</sup>The Open University of Sri Lanka, <sup>2</sup>Sri Lanka Institute of Information Technology, Malabe, Sri Lanka)

"Factors Related to Myocardial Infarction among Young Males in Cardiology Unit of Teaching Hospital, Kandy

(A Non-Experimental Descriptive Correlational Study)"

15.00 -15.15

E2



ADSS Karunanayaka, CJ Wijesinghe, KG Somasiri  
(University of Ruhuna, Sri Lanka)

"Development and Validation of Maternal Competencies Assessment Tool-Early Infancy (MCAT-EI): an Instrument to Assess Parenting Competencies among Sri Lankan Mothers with Infants At Early Infancy "

15.15 -15.30

E3



G.L.G Chandani, Ruwan Ferdinando  
( Postgraduate Institute of Medicine, University of Colombo, Sri Lanka)

"Knowledge, Attitudes, Practices and Correlates of Practices Related to Children's Common Unintentional Injuries Prevention Among Government Sector Primary School Teachers of Kalutara District"

**NUTRITION AND HEALTH (II)**

Thursday, 04<sup>th</sup> April 2019| 14.45 to 15.30 | BLUE BRASS

Chaired by Dr. Sathish Gowda N (*Bangalore University Jnanabharathi Campus, India*)

**TECHNICAL SESSION 06**

14.45 -15.00 B4



Fatmah , Ainy Sucianti  
(*Universitas Indonesia, Indonesia*)

"Effect of Front-of-Package Traffic Light (FOP-TL) Nutrition Label Design on Acceptability and Understanding of Nutritional Labels on Hypertension Patients"

15.00 -15.15 B5



Titi Rahmawati Hamedon<sup>1</sup>, Ebrahim Muhammad Ebrahim<sup>2</sup>  
(<sup>1</sup>*Universiti Putra Malaysia,* <sup>2</sup>*At-Thawra Modern General Hospital, Yemen*)

"Meal-Taking Behaviour Status and Its Influencing Factors among The Staff of a Medical Faculty of a Public University in Malaysia"

15.15 -15.30 B6



Jayasinghe JMSA<sup>1</sup>, Dharmaratne SD<sup>2</sup>  
(<sup>1</sup>*Postgraduate Institute of Medicine, University of Colombo, Sri Lanka,* <sup>2</sup>*University of Peradeniya, Sri Lanka*)

"Association between Low Birth Weight and Under Nutrition at Later Life of Children in The Medical Officer of Health Area, Medirigiriya, Sri Lanka"

**AN OVERVIEW  
OF RESEARCH  
ETHICS  
WORKSHOP**

Thursday, 04<sup>th</sup> April 2019| 15.30 to 16.30 | THE IVO Ballroom



Prof. Anoja Fernando, Sri Lanka (*Emeritus Professor of Pharmacology, University of Ruhuna, Sri Lanka*)

15.30 - 16.30

"The workshop will Cover the Important Principles of Research Ethics and the Latest International Guidelines on The Topic, with an Added Emphasis on the Relevance to Public Health "

16.30 - 16.50

Evening Refreshments

**POWER TO HEAL -  
MOVIE**      **Thursday, 04<sup>th</sup> April 2019| 16.50 to 17.50 | THE IVO Ballroom**

16.50 - 17.50



Produced by Barbara Berney, MPH,PhD  
(Associate Professor of Health Policy and Management,  
Graduate School of Public Health and Health Policy,, City  
University of New York, Producer, Power to Heal: Medicare  
and the Civil Rights Revolution)

*"Power to Heal Presents a Poignant Chapter in the Historic  
Struggle to Secure Equal and Adequate Access to Healthcare  
for All Americans. It Highlights How a New National Program,  
Medicare, was Used to Mount a Momentous Coordinated  
Effort that Desegregated Thousands of Hospitals Across the  
United States (USA) Practically Overnight"*

**NETWORKING  
DINNER**

**Thursday, 04<sup>th</sup> April 2019| 19.00 Onwards | Goldi Sands Hotel**

19.00 Onwards

Conference Networking Dinner with Cultural Show hosted by  
iConferences



SilverAge  
2019



25 - 26  
JULY 2019

COLOMBO | SRI LANKA

ABSTRACT DEADLINE  
10<sup>TH</sup> MAY 2019

# International Conference on GERONTOLOGY AND GERIATRIC MEDICINE 2019

“ Well-being in Silver Age – from Individual to Society ”

KEYNOTE SPEAKERS



**CONFERENCE CHAIR**

**Dr. Shiromi Maduwage**

MBBS, MSc, MD(Community Medicine)  
Consultant Community Physician  
Public Health Specialist  
Sri Lanka



**KEYNOTE SPEAKER**

**Professor Thérèse Hesketh**

Professor of Global Health  
at University College London (UCL), UK  
Director of the Centre of Global Health  
at Zhejiang University, China



**KEYNOTE SPEAKER**

**Rosette Farrugia-Bonello**

Deputy Director  
The International Institute on  
Ageing, United Nations-Malta (INIA)

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**DAY 02 - FRIDAY, 05<sup>TH</sup> APRIL, 2019**


**HEALTH PROMOTION AND DISEASE PREVENTION**

Friday, 05<sup>th</sup> April 2019 | 09.15 to 10.30 | THE IVO Ballroom


Chaired by Dr. Sutapa Das ( *Indian Institute of Technology Kharagpur, India* )


**TECHNICAL SESSION 07**

09.15 -09.30 F1  Manilgama S R<sup>1</sup>, Ranathunga R M S D K<sup>1</sup>, Rajapaksha R M N U<sup>2</sup>, Premarathne W<sup>1</sup>, Wijayasundara W M S S<sup>1</sup>  
(<sup>1</sup>Teaching Hospital Kurunegala, <sup>2</sup>Postgraduate Institute of Medicine, University of Colombo, Sri Lanka)  
"Prevalence of Chronic Periodontitis among Diabetic Patients of Out Patient Medical Clinic at The Tertiary Care Hospital in Kurunegala, Sri Lanka"

09.30 -09.45 F2  Jayasena, R.D.C, Dissanayake, D.M.A.N, Ekanayake, E.M.A.S, Nisansala, M.W.N, Galketiya, K.B  
(*Kaatsu International University, Sri Lanka*)  
"Re-Admission and Selected Associated Factors among Patients with Diabetic Foot Disease at Surgical Unit of Teaching Hospital Peradeniya"

09.45 - 10.00 F3  Mustafa Al-Zoughool<sup>1,2</sup>, Zaina Mohammad Alshehri<sup>3</sup>  
(<sup>1</sup>King Saud bin Abdulaziz University for Health Sciences, Saudi Arabia, <sup>2</sup>King Abdullah International Medical Research Centre, Saudi Arabia, <sup>3</sup>Ministry of Health, Saudi Arabia)  
"Injury and Infection in Dental Clinics: Risk Factors and prevention "

10.00- 10.15 F4  Dr. R. M. N. U. Rajapaksha<sup>1</sup>, Professor H. T. C. S. Abeysena<sup>2</sup>, Dr. A. Balasuriya<sup>3</sup>  
(<sup>1</sup>University of Colombo, <sup>2</sup>Faculty of Medicine, Ragama, <sup>3</sup>Kothalawala Defense University, Sri Lanka)  
"Dengue Prevalence, Knowledge, Attitudes, Behaviours and The Capacity of The Community for Dengue Prevention in Kurunegala District, Sri Lanka"

10.15 - 10.30 F5  B.A.N Madubashini<sup>1</sup> W.M.S. Fernando<sup>1</sup>, Jayamal De Silva<sup>2</sup>, L.Senarathna<sup>1</sup>  
(<sup>1</sup>Rajarata University of Sri Lanka, <sup>2</sup>Colombo South Teaching Hospital, Sri Lanka)  
"Effectiveness of A Health Promotion Intervention Which Empowered Schooling Adolescents to Address Alcohol Consumption and Related Behaviors of Their Fathers in A Rural Community in Sri Lanka"

10.30 - 10.50 Morning Refreshments



**NON-COMMUNICABLE DISEASES**

Friday, 05<sup>th</sup> April 2019 | 09.15 to 10.30 | BLUE BRASS  
Chaired by Dr. Surendra Borgharkar (Mumbai, India)

**TECHNICAL SESSION 08**

- |               |                      |   |   |
|---------------|----------------------|---|---|
| 09.15 -09.30  | G1                   |    | N. L. Kariyawasam <sup>1</sup> , Manela Joseph <sup>2</sup> , Sonali Rodrigo <sup>2</sup> , Janitha Hettiarachchi <sup>3</sup><br>( <sup>1</sup> Base Hospital Kalmunai- North, <sup>2</sup> Sri Jayawardanapura General Hospital, <sup>3</sup> Family Health Bureau, Sri Lanka)<br><br>"Histopathological Patterns and Etiological Factors Associated with Adult Onset Nephrotic Syndrome" |
| 09.30 -09.45  | G2                   |    | KMD Nadeeshani, WS Kaushalya, ARC Tharindulatha, MDDM Munasinghe, NB Kalpage, HMP Herath, PTR Makuloluwa<br>(General Sir John Kotelawala Defence University, Sri Lanka)<br><br>"Prevalence of Modifiable and Non-Modifiable Risk Factors for Cardiovascular Diseases among Government Bankers in Western Province, Sri Lanka"   |
| 09.45 - 10.00 | G3                   |  | Gamage JS <sup>1</sup> , Nadeeshani RLAD <sup>1</sup> , Sandamali TGI <sup>1</sup> , Amarasekara AATD <sup>2</sup><br>( <sup>1</sup> KAATSU International University, <sup>2</sup> University of Sri Jayewardenepura, Sri Lanka)<br><br>"Perceived Factors Related to Delayed Presentation of Cervical Cancer among Adult Females at Apeksha Hospital, Sri Lanka "                          |
| 10.00- 10.15  | G4                   |  | Manilgama S R <sup>1</sup> , Rajapaksha R M N U <sup>2</sup> , Kumari J M N S <sup>1</sup><br>( <sup>1</sup> Teaching Hospital, Kurunegala, <sup>2</sup> Postgraduate Institute of Medicine, University of Colombo, Sri Lanka)<br><br>"A Study on Diagnosed Patients with Hypertension Who Were Attended to Out Patient Medical Clinic of a Tertiary Care Hospital in Sri Lanka"            |
| 10.15 - 10.30 | G5                   |  | Darmasiri K.M.R <sup>1</sup> , Imendra K.G <sup>1</sup> , Priyadarshani U.G.N <sup>2</sup><br>( <sup>1</sup> University of Ruhuna, Sri Lanka, <sup>2</sup> KAATSU International University, Sri Lanka)<br><br>"Compliance with Management of Diabetes Mellitus among Patients Attending Diabetic Clinic in a Tertiary Care Hospital, Southern, Sri Lanka"                                   |
| 10.30 - 10.50 | Morning Refreshments |   |   |

**KEYNOTE FORUM**      **Friday, 05<sup>th</sup> April 2019| 10.50 to 12.20 | THE IVO Ballroom**

10.50 – 11.35



Prof. Jack Needleman  
*(Fred W. and Pamela K. Wasserman Professor Chair of the Department of Health Policy and Management, Fielding School of Public Health University of California Los Angeles (UCLA), USA)*

**"The Challenge of Making and Sustaining Change in Health Care: Implications for Action"**

*Prof. Jack Received His Ph.D. in Public Policy from Harvard University. He is an Elected Member of The US National Academy of Medicine and Honorary Fellow of The American Academy of Nursing. Dr. Needleman is A Health Economist and Organizational Management Scholar with Expertise in Measuring and Modeling Organizational Variation in Quality, Safety, and Cost and Improvement and Implementation Science. His Research Examines The Costs of Health Care, The Determinants of Quality in Health Care Organizations, The Design, and Implementation of Quality and Process Improvement Programs, The Role of Ownership and Payment On The Behavior of Health Care Providers, and Impact of Payment and Health Reform on Access and Costs of Health Care.*

11.35 – 12.20



Prof. Sally Guttmacher  
*(Emeritus Professor of Public Health at New York University and Senior Technical Advisor, HealthRight International, USA)*







**"Migration, Human Rights and Public Health "**

*Dr. Guttmacher's Current Primary Research Interests are in The Areas of Health And Human Rights, Especially Applied to Reproductive Health HIV Prevention in Marginalized Populations and the Health Risks Encountered by Cross-Border Migrants. She has been the Principal Investigator of A Number of Research Projects. She has Published textbooks Entitled: "Community-based Health Organizations" and "Community Based Health Interventions". Dr. Guttmacher Helped to Develop A Certificate on Health and Human Rights with Courses to Be Offered Online Through NYU and Healthright International in The USA.*

**POSTER SESSION**

Friday, 05<sup>th</sup> April 2019 | 12.20 to 13.00 | THE IVO Ballroom  
Chaired by Prof. Christina Zarowsky (*Université de Montréal, Canada*)

**POSTER SESSION**

- P1  Miss. Thivya Janarthanan, Miss. Thujana Ismail, Mr. Sinnathurai Thuvaragan, Dr. Rajendra Surenthirakumaran (*University of Jaffna, Sri Lanka*)  
"Knowledge And Prevalence on Usage of Herbal and Nutraceuticals among The Patients Attending Out-Patient Department in Private Tertiary Hospital in Jaffna"
- P2  H.H.N.D. Dharmarathna<sup>1</sup>, M.W.K. Gamage<sup>2</sup>, S.P. Hewawasam<sup>2</sup>  
(<sup>1</sup>*KAATSU International University*, <sup>2</sup>*University of Ruhuna, Sri Lanka*)  
"The Effect of Missing Breakfast and Body Mass Index on Academic Performance in Girls' School Students in Kandy Educational Zone"
- P3  Thennakoon T P A U, Ekanayake S  
(*University of Sri Jayewardenepura, Sri Lanka*)  
"Effect of Parboiling on Glycaemic Response of Some Traditional Rice Varieties of Sri Lanka"
- P4  Dr. Yesmin Robana, Dr. Kabir Nurul, Dr. Begum Afroza  
(*National Institute of Preventive and Social Medicine BSMMU, Bangladesh*)  
"Stressful Life Events and Risk of Illness among Urban Adolescents"
- P5  Kulatunga K.M.H.H<sup>1</sup>, Weerasinghe P.W<sup>2</sup>  
(<sup>1</sup>*Kaatsu International University*, <sup>2</sup>*University of Ruhuna, Sri Lanka*)  
"Comparison of One Antiseptic Agent Vs Two Antiseptic Agents in Skin Antisepsis"
- P6  Dr. Perera W.D.S.C  
(*National Institute of Mental Health Mulleriyawa New Town, Sri Lanka*)  
"Work-Life Balance Associated Factors and Job Satisfaction among Medical Officers in Lady Ridgeway Hospital for Children"

13.00 - 14.00 Networking Lunch

## HEALTHCARE MANAGEMENT

Friday, 05th April 2019 | 14.00 to 15.15 | THE IVO Ballroom  
Chaired by Dr. Shiromi Maduwage (*Ministry of Health, Sri Lanka*)

### TECHNICAL SESSION 09

- |              |    |   |  |
|--------------|----|---|--|
| 14.00 -14.15 | H1 |    | <p>S. Das<br/>(<i>Indian Institute of Technology Kharagpur, India</i>)</p> <p>"Infrastructural Requirement of Outpatient Department in Indian Government Medical College Hospitals: Medical Professionals' Perspective"</p>  |
| 14.15 -14.30 | H2 |    | <p>Dr. R. M. N. U. Rajapaksha<sup>1</sup>, Dr. R.A.S.Ranasinghe<sup>1</sup>, Dr. G. C. Pushpalal<sup>2</sup>, Dr. K.A.M. Dissanayake<sup>2</sup>, Dr. H.M.K.M.J. Herath<sup>2</sup><br/>(<i>University of Colombo, Sri Lanka, <sup>2</sup>MOH, Kurunegala, Sri Lanka</i>)</p> <p>"Patients' Perception of Satisfaction on The Health Care Services of The Clinics at Medical Officers of Health Area, Kurunegala, Sri Lanka"</p> |
| 14.30 -14.45 | H3 |  | <p>Perera A. C. H ,Wijewardena D. H. D, Nisansala M. W. N<br/>(<i>KAATSU International University, Sri Lanka</i>)</p> <p>"Assesment of Knowledge Attitude and Practices among Oncology Nurses on Chemotherapy Administartion at Apeksha Hospital, Sri Lanka "</p>  |
| 14.45 -15.00 | H4 |  | <p>Mr. Vinay Shivappa<br/>(<i>Advocate, High Court of Karnataka, India</i>)</p> <p>"Laws on Right to Public Health in India: an Evaluation"</p>  |
| 15.00 -15.15 | H5 |  | <p>Ahmad Toni<br/>(<i>Universitas Budiluhur Jakarta, Indonesia</i>)</p> <p>"Patient Perception on Comprehensive Doctor Health Communication"</p>   |

**ENVIRONMENTAL HEALTH**

Friday, 05<sup>th</sup> April 2019| 14.00 to 15.00 | BLUE BRASS  
Chaired by Dr. Barbara Berney (*City University of New York, USA*)

**TECHNICAL SESSION 10**

14.00 -14.15

J1



Perera H.S.S<sup>1</sup>, Hettiarachchi J<sup>2</sup>  
(<sup>1</sup>University of Colombo, <sup>2</sup>Family Health Bureau, Colombo Sri Lanka)

"Knowledge, Attitudes and Practices on Psychological First Aid Following A Disaster among Public Health Midwives in Selected MOH Areas in Colombo RDHS Area"

14.15 -14.30

J2



Madhushani A.L.A.D, Herath H.M.P.R, Karunarathna M.P.L.C,  
Lasanthi N.A.A.T, Dimali H.M.N, Sewwandi K.P.A.

Jayamaha A.R  
(KAATSU International University, Sri Lanka)

"Factors Associated with Road Traffic Accidents in People Who Are Admitted to The Accident Service in National Hospital Sri Lanka "

14.30 -14.45

J3



S. B. A. S. M. Rathnayake<sup>1</sup>, E. G. D. N. Suraweera<sup>1</sup>, A. R. de A Seneviratne<sup>1</sup>, M. A. P. Marasinghe<sup>1</sup>, K. A. N. Ranwanee<sup>1</sup>, R. M. H. E. Ratnayake<sup>1</sup>, W. S. P. Abeyasinghe<sup>1</sup>, D. E. G. Fernando<sup>1</sup>, C. V. Maddumahewa<sup>1</sup>, I. S. Nupahewa<sup>1</sup>, A. I. Hathamuna<sup>1</sup>, H. M. K. S. D. Jayasumana<sup>1</sup>, A. M. Ambagahawita<sup>1</sup>, R. Ferdinando<sup>2</sup>  
(<sup>1</sup>Postgraduate Institute of Medicine, Colombo 7, Sri Lanka, <sup>2</sup>National Institute of Health Sciences, Kalutara, Sri Lanka)

"Exploring the Present Status to Strengthen the School Health Promotion Activities of The Kalutara Educational Division"

14.45 -15.00

J4



Liyanage C.P.G, Rathnaike U.I, Kariyawasam C.S, Saman G, Adihetti A.E, Liyanage C.G.T  
(Regional Director of Health Service Kalutara, Sri Lanka )

"Breteau Index as an Early Warning Tool for Predicting Dengue Epidemic in Kalutara, Sri Lanka"

**PUBLICATION  
WORKSHOP**

**Friday, 05<sup>th</sup> April 2019| 15.15 to 16.15 | THE IVO Ballroom**

15.15 - 16.15



Prof. Sally Guttmacher from Newyork (*Emeritus Professor of Public Health at New York University and Senior Technical Advisor, HealthRight International, USA*)

16.15 - 16.35

Evening Refreshments

**CONFERENCE  
CLOSURE**

**Friday, 05<sup>th</sup> April 2019| 16.35 to 17.00| THE IVO Ballroom**

16.35 - 16.55

Conference Concluding and Awarding Ceremony

16.55 - 17.00

Vote of Thanks

Ms. Nadeesha Liyanage (*iConference Secretariat, iConferences, Sri Lanka*)



## VIRTUAL PRESENTATIONS

- V1 Bindu John**  
(*University of Bahrain, Bahrain*)  
"Health Promotion In School-Going Adolescents: Does The Biopsychosocial Correlates Have A Significant Role Over Sleep Behavioural Practices? "
- V2 Aral N<sup>1</sup>, Kadan G<sup>2</sup>**  
(*<sup>1</sup>Ankara University, Turkey, <sup>2</sup>ÇankırıKaratekin University*)  
"Examining The Levels of the Mothers with Preschool Children to Use the Media Tools"
- V3 Aral N1, Gürsoy F1, Aysu B2**  
(*<sup>1</sup>Ankara University, Turkey, <sup>2</sup>Ahi Evran University, Turkey*)  
"An Investigation on The Problems Experienced by Teachers Working with Epileptic Children in Special Schools"
- V4 Wahengbam Bigyananda Meitei**  
(*International Institute for Population Sciences, Mumbai, India*)  
"District Level Assessment of Spatial Clustering and Determinants of Diabetes Mellitus among Older Adolescents and Young Adults in India"
- V5 Wanjau, M.N, Kathuri-Ogola, L.N. & Maina, L.W.**  
(*Pan Africa Christian University Kenya*)  
"My Srh My Choice: Wading through University Student's Engagement in High Risk Sexual Behavior and Curving the Way Forward"
- V6 Castillo, T.**  
(*Women and Children's Program, HealthRight International, USA*)  
"Respectful Maternity Care: Ensuring The Universal Rights of Childbearing Women in Kenya"
- V7 Castillo, T.**  
(*Teachers College, Columbia University, USA*)  
"Exploring Health Inequities among Indigenous Women in Postconflict Bangladesh and Nepal: Community Perspectives on Gender Based Violence and Reproductive Rights "
- V8 Amandha BTR<sup>1</sup>, Fitriana<sup>2</sup>, Daniel RK<sup>3</sup>, Ayuningtyas SL<sup>4</sup>**  
(*<sup>1</sup>Universitas Sebelas Maret, Indonesia, <sup>2</sup>Universitas Gadjah Mada, Indonesia,<sup>3</sup>The University of Tokyo, Japan,<sup>4</sup>Depati Hamzah Hospital, Pangkalpinang, Bangka Belitung Indonesia*)  
"Cultural Influence on Child And Maternal Health in Singkil District, Aceh, Indonesia: A Short Report "



Prof. Sally Guttmacher

Public Health and Well-being'19  
Conference Co-Chair

(Emeritus Professor of Public Health at New York University and Senior Technical Advisor, HealthRight International, USA)

Dr. Ruwan Ferdinando

Public Health and Well-being'19  
Conference Co-Chair

(Consultant Community Physician, Board Certified Medical Specialist, University of Colombo, Sri Lanka)

Ms. Thulakshana Dilrukshi

Conference Convener  
(Head of Operations, iConferences, Sri Lanka)

Ms. Nadeesha Liyanage

Conference Secretary  
(Conference Secretariat, iConferences, Sri Lanka )

Organizer

iConferences

Academic Partner



Faculty of Health Sciences  
Ankara University, Turkey

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