

8th International Conference on Public Health and Well-being 2026
Tentative Conference Programme

Day 1 – Tuesday, 20th October 2026

Conference Registration

Welcome Speech by the Conference Convener	Ms. Thulakshana Dilrukshi (<i>Conference Convener, Public Health 2026, Director, iConferences, Sri Lanka</i>)
Welcome Speech by the Conference Chair	Prof. Sally Guttmacher <i>Emeritus Professor of Public Health at New York University, Senior Consultant for Community Rising Africa Network, and Board Member of the Workers Circle</i> Dr. Hannah Degge <i>Assistant Professor in Health Promotion and Public Health, Faculty of Medicine and School of Health Sciences, University of Nottingham, United Kingdom</i>
Welcome Speech by Academic Partner	

Conference Photograph

Morning Refreshment

Technical Session 1

Strengthening Mental Health and Community Resilience in a Changing World

(Aligned with: Health & Mental Well-Being / Health Promotion for Resilient Communities)

Technical Session 2

Advancing Maternal, Child and Adolescent Health Through Equity and Innovation

(Aligned with: Maternal, Child & Adolescent Health / Health Systems, Policy & Equity)

Networking Lunch

Keynote Speech	Dr. Jalal Mohammed <i>(An award winning academic, health management and leadership specialist and consultant with nearly two decades of experience in the higher education and public health sectors)</i>
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Technical Session 3

Nutrition Security, Healthy Lifestyles and Prevention of Non-Communicable Diseases
(Aligned with: Nutrition, Food Security & Well-Being / NCDs & Prevention)

Tea Break

Keynote Speech	Dr. Zuhrah Taufiq, M.Biomed <i>(A medical doctor specializing in nutrition and a lecturer at the Faculty of Medicine, Universitas Negeri Padang, Indonesia)</i>
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Technical Session 4

Digital Health Technologies and the Future of Accessible Healthcare Delivery
(Aligned with: Digital Health & Healthcare Delivery)

Day 2 – Wednesday, 21st October 2026

Keynote Speech	Dr. Anushia Inthiram (<i>Senior Lecturer Above the Bar at the University of Canterbury in New Zealand</i>) Speech title: <i>Doctor Patient Communication: A Perspective From Southeast</i>
Conference Photograph	
Morning Refreshment	
Poster Session 1	
Technical Session 5 Emerging Infectious Diseases, Pandemic Preparedness and Global Health Security (<i>Aligned with: Infectious Diseases & Global Health Security</i>)	
Plenary Session	Prof. Dr. Retneswari Masilamani (<i>Senior public health physician and academic with extensive experience in occupational and environmental health, public health leadership, and medical education</i>)
Networking Lunch	
Publication Workshop - TBA	
Technical Session 6 Climate Change, Environmental Sustainability and Public Health Action (<i>Aligned with: Climate Change, Environmental Health & Sustainability</i>)	
Tea Break	
Conference Closure - Awarding Ceremony	
Vote of Thanks	

Note: This programme is tentative and subject to change. The session schedule, timings, and topics are yet to be finalised. The finalized conference programme will be published on the official conference website closer to the conference dates.

If there are any concerns please reach out to us at info@publichealthconferences.com or +94 77 626 1847